

Girl Scout Gumbo (serves 7)

Ingredients:

- 1 pounds of pre-cooked hamburger
- 1 large cans vegetable soup
- 3/4 can of water
- 1/3 box of Minute Rice (about 5 oz)

- 1 bag of Fritos
- 2 cups of shredded Cheddar cheese

Instructions:

1. Soap the outside of the large pot with dawn soap on a paper towel.
2. Heat the pre-cooked hamburger in the pot.
3. Add vegetable soup, water, and rice to the hamburger in the pot.
4. Heat over the fire, stirring and add more water if needed.
5. Serve with corn chips and cheese.



Can be made in a pot on the stove but is more flavorful made over an open fire.

Chocolate Chip Salad (serves 10)

Ingredients:

- Apples – 2 large
- Pineapple tidbits – 1-8 oz can
- Mandarin oranges – 1-11 oz can
- Grapes, fresh – 2 cups
- Chocolate chips – 1/2 bag
- Cool-whip – 1- 8 oz

Instructions:

1. Open cans of pineapple and oranges, drain (someone can drink the juice)
2. Place drained fruit in a bowl
3. Cut up apples and add to the bowl
4. Fold gently so the apples are covered with pineapple juice to reduce browning
5. Pull apart the grapes from the stems and add to apples, pineapple and oranges
6. Open Cool-whip and add to the fruit, folding gently with a large spoon. (Do not use your hands)
7. Add the chocolate chips

